

## Lists of Christian Spiritual Practices

<u>John Wesley's List</u> <small>(more in Session 15)</small>	<a href="#"><u>Soul Tending List</u></a>	<a href="#"><u>Dorothy Bass' List Practicing Our Faith</u></a>	<a href="#"><u>A Website Alphabet List</u></a>
Prayer Study of Scripture Lord's Supper  Worship Conferencing Fasting Holy reading Works of mercy	Baptism Bible Study Eucharist Almsgiving Catechesis Chastity Confession Covenanting Devotional Reading Discernment Dying Well Evangelization Fasting Forgiveness Honoring the Body Hospitality Justice Keeping Sabbath Meditation Ordination Prayer Reconciliation Self-denial Singing Simplicity Solitude Speaking Truth in Love Spiritual Direction Spiritual Friendship Stewardship Stillness Testimony Thanksgiving Worship	Honoring the Body Hospitality Household Economics Saying Yes and Saying No Keeping Sabbath Testimony Discernment Shaping Communities Forgiveness Healing Dying Well Singing Our Lives	Attention Beauty Being Present Compassion Connections Devotion Enthusiasm Faith Forgiveness Grace Gratitude Hope Hospitality Imagination Joy Justice Kindness Listening Love Meaning Nurturing Openness Peace Play Questing Reverence Shadow Silence Teachers Transformation Unity Vision Wonder X – The Mystery Yearning You Zeal